



Life of the Spirit

DEVOTIONAL GATHERINGS

PRAYER IS CONVERSATION WITH GOD

We should speak in the language of heaven – in the language of the spirit – for there is a language of the spirit and heart. It is as different from our language as our own language is different from that of the animals, who express themselves only by cries and sounds. It is the language of the spirit which speaks to God. When, in prayer, we are freed from all outward things and turn to God, then it is as if in our hearts we hear the voice of God. Without words we speak, we communicate, we converse with God and hear the answer... All of us, when we attain to a truly spiritual condition, can hear the Voice of God.

*“O God! Refresh and gladden my spirit. Purify my heart.
Illumine my powers. I lay all my affairs in Thy hand.
Thou art my Guide and my Refuge. I will no longer be sorrowful
and grieved; I will be a happy and joyful being. O God! I will no
longer be full of anxiety, nor will I let trouble harass me.
I will not dwell on the unpleasant things of life.
O God! Thou art more friend to me than I am to myself.
I dedicate myself to Thee, O Lord.”*

- ‘Abdu’l-Bahá

STUDY CIRCLES

Study circles are regular gatherings of people interested in an in-depth and systematic study of the Bahá’í Writings. “The experience of an intense and ongoing immersion in the Creative Word progressively frees one from the grip of the materialistic assumptions - what Bahá’u’lláh terms ‘the allusions of the embodiments of satanic fancy’ - that pervade society and paralyze impulses for change. It develops in one a capacity to assist the yearning for unity on the part of friends and acquaintances to find mature and intelligent expression.”

- The Universal House of Justice